

## Joining global communities to share Urology expertise

Sharing our Urology expertise and experience is part of a continuous path for our consultants, ensuring that they remain up to date with the latest developments and allowing for shared experiences and knowledge across the Urology specialty.

Recently, Amr Emara and Ahmed Ali have been heavily involved in building links with the Arab Association of Urology, and have been generating educational material, courses and working with the team to establish an E-learning platform for international urologists in training.

In 2018, they both helped establish the Arab-British Urological society and have been actively involved in events both here in the UK and in the Arabic countries.

In November, the 11th International Emirates conference in association with the Pan Arab continence society took place and both consultants presented to a global audience covering both bladder and prostate conditions.



Mr Emara highlighted the current practice in the UK using minimally invasive procedures to treat patients suffering from lower urinary tract symptoms due to bladder outflow obstruction. He is one of 2 leading surgeons to bring the Rezum treatment to the NHS in the UK and has performed more than 250 cases.

Mr Emara continues to teach clinicians both in the UK and internationally to enable them to bring Rezum to their practices. Amr regularly attends advisory meetings for Rezum to share his experiences and is involved in publications and studies to develop the treatment and ensure accurate and effective trials can be completed and published. Both Amr and his colleague Richard Hindley, were part of the strong Urology team at Hampshire Hospitals NHS Trust to offer Rezum on the NHS and have now completed over 700 cases.

Minimally invasive techniques have proven efficacy when compared to the older techniques including TURP – you can read more about these studies [here](#) and also on our [website](#).

Mr Ali was part of the urological cancer panel talking about the recent update in EAU bladder cancer guidelines, highlighting the use of radiofrequency induced hyperthermia effect (RITE) with chemotherapy as a bladder preservation method.

Mr Ali helped establishing a tertiary referral service to treat patients with high risk non muscle invasive bladder cancer at Frimley Health NHS foundation trust. This helps treating patients with bladder cancer in Surrey, Sussex and London area.



As calls come for a National Bladder Cancer Audit, Ahmed discusses the use of bladder preservation techniques which he uses to treat his patients. View the article [here](#).

To book an appointment with Mr Emara or Mr Ali please visit the contact page [here](#)